

Raft Gear Checklist for Day Trips

Boulder Outdoor Center Suggestions

- Helmet (for more difficult whitewater, included with our trips where it is needed)
- Sunglasses with retainer strap
- Sunscreen (suggest waterproof and apply before your trip)
- PFD - Personal Floatation Device (included with all of our trips)

Clothing (weather and water temperature dependant. Note that wetsuits on harder rivers provide flotation and armor)

- Wetsuit (depends on the time of year and river, we suggest the Farmer John style) (available for rent)
- Paddle Jacket (available for rent)
- Hat for sun protection
- Polypro or synthetic layers (top & bottoms)
- Nylon/synthetic shorts or swimsuit - quick drying
- Nylon or synthetic shirt (avoid cotton!)
- Foot ware: Wetsuit booties or sandals with a heel attachment. Sneakers will work, but will be cold when wet
- Wool or polypro socks if wetsuit booties are not being used or in addition to

Gear

- Personal Water Bottle, (should have a way to clip in, a carabiner works well for this)
- Small drybag to hold small items, (optional)
- Lunch/food (included in all of our full day trips, yes we can accommodate most special diets, please let us know)
- Extra Snacks for small children and people with diabetes
- Waterproof Camera and film (optional)

Raft Gear Checklist for Multi Day Trips (in addition to the list above)

- Drybag, (provided on all of our overnight trips) about 15" diameter x 24" high. When properly sealed, bags are usually waterproof. Once in a while one could develop a problem, so if you have concerns, also ziplock items. Please remember to keep your gear light and compact

What To Wear in Camp at night

- Short sleeved shirt
- Long sleeved shirts (one light, one warm)
- Warm jacket, windproof or Fleece (water resistant) with a wind barrier
- Shorts
- Long pants (one light weight to block sun, one fleece or wool/warm for night)
- Camp shoes or lightweight hiking boots

- Wool or fleece hat
 - Poncho/Rain Suit, quality is important
- On trips that may be cold at night
- Long Underwear
 - Gloves wool/polypropylene or Ski Gloves

Camping Gear

- Tent - lightweight with fly and/or ground sheet
- Sleeping pad – thermarest or equivalent
- Sleeping bag - lightweight, compact, preferable not down and warm enough for the time of year of your trip

Personal toiletries

- Your regular bathroom kit, shaving is optional!
- Tampax/Ziplock Bags 1 bag per day
- Washcloth
- Towel light/compact, dries quicker
- Kleenex small travel pack
- Lip balm with sunscreen
- Insect repellent
- Flashlight or headlamp
- Prescription medications
- Retainer strap for prescription glasses
- Biodegradable soap and small towel
- Stuff Sack to keep clothes wet/dry separated, ie pillow case or plastic bag

Optional Camping Items

- Camp chair (compact only)
- Binoculars
- Reading materials
- Fishing gear and license
- Extra Beverages No Glass Please, liquor, wine, canned-beer/wine coolers/specialty pops/juice
- Fanny Pack for walks

Personal Eating Utensils

- Cup plastic mugs work well
- Eating Utensils
- Plate
- Bowl

Notes for your raft trip

Do not bring glass-bottled beverages, radios, firearms, pets, and non-waterproof wristwatches. Please limit gear and clothing to no more than 15-20 lbs. Warning: Expensive cameras, binoculars, or other items should not be brought on your trip. In the event of a loss our insurance will not cover these items.

There is a chance of inclement weather any trip so please be prepared. Polypropylene, fleeces, pile, bunting, capeline, etc. are a few examples of trade names for a class of synthetic materials that retain their ability to insulate when wet (please note, cotton does not).